



# National Center on Advancing Person-Centered Practices and Systems

## Facilitation for Choice and Control: Person-Centered Planning's Best Kept Secret

Summary of a webinar from October 29, 2020

### Introduction

This webinar is about Person-Centered Plan (PCP) Facilitation. PCP Facilitation is a direct service. It helps people understand choices and possibilities. It is a process or supportive activities used to guide a person-centered plan. It can occur before, during, or after the annual plan. It is a very broad service. It can include a lot of activities.

It is meant to be in addition to case management. It does not replace case management. There needs to be a clear difference from the duties of a case manager.

This type of service can be used with those who might need more support. For example, one state uses PCP Facilitation with youth in transition.

A PCP Facilitator is trained and skilled in person-centered planning practices.

### Personal Stories

Elizabeth uses independent PCP Facilitation. It helped her build her business and connect with her community.

Jim wanted to move out of a group home and into his own apartment. He used a PCP facilitator to help him come up with a plan. They used a process called "picture of a life" to brainstorm.

Jenny also used PCP Facilitation. It helped her learn to advocate for herself. She says, "I feel like I have a voice to communicate my needs to my staff. I just feel more comfortable that they listen to me now."

### From PCP Facilitators

Betsy, a PCP Facilitator, says, "It's really powerful when you can hear someone like Jim talk about the difference in his life."

Angela shared that in Michigan you can choose an independent facilitator. It's covered under Medicaid. She says it's important that facilitators are as diverse as those who receive supports.



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The speakers on this webinar were:



**Jennifer (Jen) Billington** has been supporting people for 25 years. Jen completes formal planning using MAPs, Paths and Liberty Plan through waiver funding. Jen educates others, families, Guardians, Case Managers and DSPs on what is Important To and Important For each person as well as Power With versus Power Over. Jen has been providing training on person centered thinking to various organizations in Minnesota after her certification with The Learning Community.



**Robin Cooper** served as the Director of Technical Assistance for the National Association of State Directors of Developmental Disabilities Services from 1994 through 2020. Ms. Cooper provided technical assistance to all 50 states and the District of Columbia focusing developing and designing person-and family-centered Medicaid-financed home and community-based services. She also has experience of managing Wisconsin Medicaid HCBS waivers for persons with developmental disabilities, as well as working as a direct services provider and case manager. She holds bachelor and master's degrees from the University of Wisconsin-Madison.



**Betsy Gadbois** is the Director of Person-Centered Development with STAR services. She has been working in the field of developmental disabilities for 40 years. Betsy is a Person-Centered Thinking and Person-Centered Planning Trainer and Mentor and has delivered training nationally. She is passionate about people having positive control over lives that are meaningful to them



**Elizabeth Martin** is an artist and small business owner. Elizabeth has a developmental disability and uses services and supports to manage her small business, build meaningful relationships, and volunteer in her community. Elizabeth is supported by a committed circle of support. With the help of an Independent Facilitator for the Person-Centered Planning process, Elizabeth has planned for her future to lead a self-determined life.



**Jim Moore** is a Self-Advocate and public speaker from Minnesota. His motto is "Just grab life by the horns." Jim will share his experiences of using Person-Centered Planning to move out of a group home and into his own apartment.



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**Jenny Weldon** is a vivacious young lady that loves being social. Jenny is very articulate and will tell anyone what she would like in her life and supports needed. Jenny has learned from medical professionals how to take care of her health needs. Jenny participated in person-centered planning to map these supports out. Jenny would like to share her experience in determining her supports and how person-centered planning can help others have their voice heard.